

Gratitude and Dream in Paulo Coelho's The Alchemist

OPEN ACCESS

Volume: 11

Special Issue: 5

Month: March

Year: 2024

P-ISSN: 2321-788X

E-ISSN: 2582-0397

Received: 21.01.2024

Accepted: 11.02.2024

Published: 01.03.2024

Citation:

Maheswari, D., and A. Keerthana. "Gratitude and Dream in Paulo Coelho's The Alchemist." *Shanlax International Journal of Arts, Science and Humanities*, vol. 11, no. S5, 2024, pp. 17–20.

DOI:

<https://doi.org/10.34293/sijash.v11iS5-Mar.7644>

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Abstract

*This study article demonstrates how dreams may provide a person with a great sense of inspiration and encourage them to pursue their aspirations. It will cause a person to go through a lot of hardships and detours in life, but whether they realize it or not, dreams have the power to mold someone's life into something productive. According to Paulo, one should always aspire for what makes life more fascinating since the rush of realizing a desire will prevent one from going crazy. Paulo Coelho has also pursued and fulfilled his dreams in real life. Paulo Coelho describes how the dream had a significant impact on Santiago's life in his book *The Alchemist*.*

Keywords: Dream, Life, Motivation, Quest, Torment.

Introduction

Dreams are personal, it representations of who we are and how we live. Other frequent motifs in dreams are being turned down, abandoned, betrayed, humiliated, driving or being in a car, missing a bus, train, or airplane, finding unexpected or new rooms in houses or structures, and finding or misplacing money, wallets, purses, or other valuables. The phrase "self-actualization" has been employed, frequently in somewhat different ways, in several psychological theories. Kurt Goldstein, an organismic theorist, coined the phrase "realizing one's full potential" at the beginning. Self-actualization gets exemplified by showing their own self creativity, searching for spiritual power, try to explore new innovation and need to be contribute to and develop culture. The tendency to actualize own potential as much as possible is what Kurt Goldstein defined as self-actualization in his book *The Organism: A Holistic Approach Biology Derived from Pathological Data in Man* (1939). "The only drive by which an organism's life is determined" is the propensity for self-actualization. Later, in his paper "A Theory of Human Motivation," Abraham Maslow adopted the phrase. According to Maslow's specific definition, self-actualization is "the tendency for the individual to become actualized in what he is potentially or the desire for self-fulfilment." This inclination may be described as the drive to become all of one's potential and to become more and more of who one is. These characteristics are essentially reflected in Santiago's life, the novel's main character. To realize his inner

ambition, he sets off on a transcontinental voyage. His goal is to fulfil himself in saga of human, spiritual, and the cosmos—a more sublime spiritual journey than pursuing earthly goals like excessive money. Brazilian author Paulo Coelho views the human ego as the primary focus of his discussions.

Dreaming the Desires

The novel's inspiration is mostly taken from *The Ruined Man Who Became Rich Again through a Dream*, a tale from "The Book of the One Thousand and One Nights," also known as "Arabic Night". The darkness is an Arabic-language compilation of Middle Eastern folktales. The narrative tells the history of a very affluent man who was formerly in Baghdad but stray everything and was so impoverished so as he had to work excessively to make ends meet. He was unhappy with sick in his stomach until he went to sleep one night and dreamed that someone told him, "Your fortune is in Cairo; go there and seek that". While, *The Alchemist* (1988), a psychological book, is praised while a present day classic flat in the twenty-first century, drawing on dreams. The premise of this book is spiritual fulfilment or self-realization via self-awareness, self-exploration, introspection, and action. The impoverished shepherd child reaches self-actualization, The theme of the novel, the vision of life, is based on the theoretical frameworks of multiple disciplines, including factual-geographical, mental-theological, and emotional-fabulous, as correctly noted by Manju Muraleedhara in his article, multifaceted proportion in Paulo Coelho's novel *The Alchemist*.

This essay discusses *The Alchemist* and the quest for personal mythology. It tells the tale of Santiago, a shepherd kid from the Andalusian area of Spain, who aspires to explore the world in pursuit of a treasure that no one has ever found. He leaves his house and travels to the fascinating marketplaces of North Africa and the Egyptian desert, where he has a crucial meeting with He is met by The Alchemist. Santiago discovers the world's spirit and the global language. Melchizedek, the Salem King, imparts to him the significance of acknowledging one's tale. Santiago gains communication skills with the wind and sun. Though the main character experiences as He learns the hidden reality of life, which motivates him and helps him realize his ambition, a lot along his trip and several times prepares his mind to quit it owing to challenges, sadness, and nostalgia. Index Terms: inspiration, hidden truth, depression, nostalgia, and personal legend Writing is a way for people to express themselves. However, not every verbal expression—regardless of how it is arranged and documented—qualifies as literature. Certain literary works are categorized according to their language, country, or particular subject matter. Examples of these categories include Arabic, Celtic, Latin, French, Japanese, and Biblical literature. The word "literature" is defined as "a letter of the alphabet" in Latin. Literature is, first and foremost, the corpus of writing produced by humans.

Dream of Massive Treasure

To a certain language and group of people; after that, they are written as distinct works Brazilian author and lyricist Paulo Coelho has won several honours throughout the world. His extensively translated book *The Alchemist* helped him gain notoriety. He went to school with Jesuits. Coelho's teenage dream was to take up writing. Nearly twenty-five publications, including essay collections and newspaper articles, have been written and brought out by Coelho. By the River Piedra I Sat Down and Wept, *The Fifth Mountain*, *Veronika Decides to Die*, *The Devil and Miss Prym*, *Warrior of the Light: A Manual*, *The Zahir*, and *Eleven Minutes* are some of his best-known works. In *The Alchemist*, a young shepherd by the name of Santiago finds a valuable apart from his hard citations. Additionally way, he discovers how to follow his intuition and—above all—that the dreams that comprise his Legend are not unique to him; they are an inner area of the cosmos. Santiago is a

modest shepherd who wants to be able to travel freely with his sheep, carry a book in his backpack, and have some wine in his wineskin. The dream of huge valuable things concealed thousands of infinities foot of the Egyptian Pyramids is a continual reminder of fate's intervention. Santiago, having met a strange man, decides to go in search of his wealth the Salem king. The next day, Santiago sets out to fulfil his goal by selling his sheep and traveling to Africa.

But after getting to Africa, he finds that things are going to be harder than he had anticipated. Santiago is robbed on his initial day in Tangiers, abandoned, and was not able to transmission in Arabic. At first, Santiago considers quitting along with going back. However, after recalling the wise man's advice, he chooses to go on and work in a nearby crystal shop to earn money for his trip to the pyramids. After a year of employment at the crystal store, Santiago gains a wealth of knowledge about life and his legend. He also earns enough cash to purchase a When Santiago gets in the caravan, he encounters an Englishman who travelled to Africa in search of a well-known alchemist. The Englishman tells Santiago about the mysteries of alchemy as they drive over the desert. He discovers that the Englishman's thoughts echo Melchizedek's remarks. They both talk about the need to adhere to the Soul of the World, to which we are all connected. our legend, or the actual wishes of our hearts. Santiago decides to study the world to discover these truths, whilst the Englishman decides to study difficult literature. They start to hear whispers of an impending tribal battle while they are traveling.

Santiago meets Fatima, a stunning girl when they finally get to the Al-Fayoum oasis, and they instantly fall in love. Like the Personal Legend, he learns, that love flows directly from the Soul of the World. Santiago learns about an impending fight while out for a stroll in the desert. After he hastily returns to the oasis to alert the elders, they validate his vision and grant him a job as a counsellor for him. Though The Alchemist finds Santiago and shows him where his treasure is, Santiago decides not to stay at the oasis with Fatima. Once more, as Santiago travels, The Alchemist advises him to follow his heart. The best defence against hearts playing tricks on you is to pay close attention to what they have to say. A rival tribe has Santiago and The Alchemist imprisoned near the pyramids. To get the tribes' realization, The Alchemist informs the ethnical men that Santiago is a strong sorcerer and he can turn to face the wind. If Santiago can accomplish it, the tribesmen promise not to kill the guys. Santiago doesn't know what he is doing, which is the main issue. Santiago asks for the component delayed by three days of thinking using his grasping of feelings of the globe. He makes his first request of the desert, followed by the wind, the sun, and lastly the Soul of the World. With a sudden gust of wind, Santiago vanishes and resurfaces on the opposite side of the camp. Halfway through, Santiago is left by The Alchemist, who goes on to the Pyramids. Unfortunately, thieves assault Santiago there. When people ask Santiago why he is there, he tells them that he dreamed of a treasure hidden at the foot of the Pyramids. A robber makes fun of him and claims to have experienced a similar dream, except in his case, the wealth was hidden in Spain. It dawns on Santiago that the wealth had been in Spain all along. Following a time jump, the tale picks up with Santiago excavating a hole near the foot of the tree where he had experienced his first vision.

The historical-geographical basis implies that one must observe nature and live according to one's narrative. The philosophical religious basis illustrates how everything in our universe is interconnected. A psychological mythological basis demonstrates the need to listen to our hearts. These are the ideas that Coelho puts out along with his philosophy of life, which holds that when someone truly wants something, the entire world will work with them to fulfil their goal since a deep-seated desire is initially conceived in the Soul of the World. In his piece titled "Evolutionary Interpretation of Paulo Coelho's The Alchemist," Javeed Ahmad places this piece in the Sartre an. The soul is a treasure that is the hardest to uncover, and in the process of doing so, one must go

far into one's soul to locate that treasure. Every object in the universe has a purpose and is meant to support and help those who are trying to make their goals come true. The journey to achieving one's dreams starts with the hurts that come from the deepest parts of one's heart. Because they are engrossed in a world that truly is not theirs, people frequently fail to listen to the beat of their hearts.

Dream is a Wonderful Gift

It's not that individuals are unable to recognize their deepest desire, "The voice of the soul," but rather that barriers like impossibility, fear, love, and defeat obstruct their path to the dream. However, when we embark on a journey to realize our dreams because we feel a calling from within, all of the challenges we face become opportunities for growth and progress. Fear becomes a source of courage, defeat decides to give up in front of towering inspiration, and our soul's deepest desires are fulfilled. Everything in the world is exposed to us, its arms spread wide in anticipation and observation, eager to embrace the person who is approaching. Many dreams die and are buried; some die in the womb, others in the buds, some in the process of coming true, and some are only a little distance from becoming reality. However, dream conquerors have always been those who held fast to their dreams and never considered giving up, even in the face of stark contrasts, enigmatic darkness, and the alluring power of money. God is the giver of wonderful gifts, and the most valuable gift He has ever given is human life, which is full of chances and rich in rare riches. The Alchemist attests to Santiago's will to ascertain if he is only following his whims or whether they are transient like a passing dream; nonetheless, what Santiago pursues and succeeds in is a treasure that every one of us needs to cherish, ponder, and pursue with great fervour. Santiago faces many challenges in his path to self-actualization, but he overcomes them all with unwavering will to reach the secret doors of celestial wisdom. When these are conquered, one becomes a spring dawn agent, opening doors to other worlds through previously unexplored.

Conclusion

The narrative makes it clear that while the decision to follow the Legend is fully personal; realizing the Legend always yields better results. However, Santiago discovers at the book's conclusion that this development in life stems less from the Legend's straightforward victory and more from the meaning and significance that pursuing the Legend brings to one's daily existence life. By the time the book ends, readers will have learned that although Santiago was initially physically near his treasure, getting there took a long time and covered a lot of ground. The Alchemist is a book about developing one's instincts and using them as the cornerstones of self-actualization to fulfil one's dreams. When the reader considers the book as a whole, they will come to understand that it is a symbolic account of man's never-ending search for meaning in the cosmos and his role in the world. It addresses the Santiago voyage on a physical, metaphorical, philosophical, and spiritual level. Santiago longs to journey in pursuit of an opulent global treasure that has never been discovered. By interpreting negative energies and omens positively, he travels across continents, metaphorically revealing that man is the master of his fate and that he may unlock the world's ultimate truths. The idea behind the novel's central thesis is that self-realization can only be attained with strong willpower, bravery, determinism, passion, and tenacity. Santiago is ultimately able to unearth the treasure lands that are concealed in the dark corners of the human psyche after successfully overcoming all of these positive and negative factors to continue chasing his ambition.

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