

# The Plight of Women in Paula Hawkins the Girl on the Train

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### Abstract

*The existing idea were assertively exploring some dissimilar feature which makes a problem of women. The Girl on the Train (2015) was written by Paula Hawkins, were observes around Domestic Violence, Plight of Women, Betrayal and Drug Abuse which derives women suppression. The purpose in the Plight of Women is to indicate the woman struggles by the men controlling in the society. We will confusion out Paula Hawkins's The Girl on the Train has analyzed the unstable woman's they were portrayed with problematic life to survive in this society. Paula Hawkins was a psychological thriller writer, through this novel she illustrates the three-woman characters such as Rachel Watson, Megan Hipwell and Anna Watson who perform the major role. In this novel these three women's life were running parallel because each member has some expectations but it often pushed them to a breaking point by a male which had played and make a dangerous problem to their life by his relationship. Through her narrative, The Girl on the Train it consumes and portrayed the women oppression and describes to expose their identity.*

**Keywords: Domestic Violence, Women Struggles, Dominated Society, Relationship, Murder.**

Paula Hawkins is a British novelist born on 26 August 1972 in Salisbury, Rhodesia (Zimbabwe) but now in Harare. She is the daughter of Anthony "Tony" Hawkins and his companion Glynne. Her father stayed an Economic lecturer and commercial reporter. Afore poignant to London in the year 1989 aged seventeen, Hawkins joined Arundel School, Zimbabwe. Then studied for her A- Levels at Collingham College, it was an autonomous college which located in Kensington, West London. An attention in financial side and business competed in the family. Then she controlled at the monetary counter for The Times and many additional publications until the market smash in 2008- 2009. She did business reporting for fifteen long years. Then she functioned a figure of magazines on a self-employed foundation, and engraved an economical- guidance volume for women, The Money Goddess. Despairing in place of statement so she might put food on the table, Hawkins had her representative and directed the file to producers previously it was completed, making a command war. But she did not accomplish a marketable invention until she gambled herself to engrave a darker, on additional grave section.

Around 2019, she starts to inscribe idealistic amusement deceits underneath the designation of Amy Silver, lettering four narratives including Confessions of a Reluctant Recessionista. Her effective novel *The Girl on the Train* (2015) is a psychological thriller, which compacts with the subjects of drug abuse, intemperance and motherhood. In November 2016, she was registered as member of BBC's 100 women. Her next thriller novel *Into the Water* was issued in May 2017 and pass on to convert a Sunday Times and NYT bestseller. Her third novel is, *A Slow Fire Burning* was printed in August 2021. It is also established on the crime murder which has to deal with suspense and to recognize the entire story. In 2022, Paula Hawkins has written additional psychological novel, thriller, very suspense and a mystery of mixing all together *Blind Spot*. Paula Hawkins passed on December 4, 2009 at the age of 82 in Winter Park, Florida, U.S.

The novel *Girl on the Train* by Paula Hawkins is an expressive thriller story. The novel has confined three characters. The main protagonist is a Rachel Watson, an alcohol hooking woman in her early thirty-somethings, the being who takings the train in sleeper section every day detects other public and her beloved couple from the opening. Once the novel starts, Rachel has divorced and lost her home job and everything. Accordingly, she stayed in her friend room Cathy, although she doesn't work wherever but she always lodges herself by equestrian in the train by travel out of London daily. In the train, the third compartment Rachel lookouts the house and visualize herself as a public alive. She predominantly sees over the window and like a pair who stayed in Blenheim Road. At the same time there she watches another house and feels because in that house she and her Ex-husband Tom lives happily. But they are divorced in years ago. One day evening Rachel has returned in the couple were sitting and live happy in fire camp. She imaginings name them "Jess" and "Jason".

Rachel has lost job she doesn't tell to her friend Cathy but regularly she travels the train went the park and drink alcohol. One day she has gone the train there was one lady came with child and ask her to sit. Rachel allows them happily but later her face turns sad because the lady has changed seat the reason, she is drunk and had a bottle of wine. Suddenly Rachel was shocked and runs here and there in the train because her favorite couple Jess living close with some in upstairs. Rachel was totally broken can't know what to do she thought they are the loving couple in her intention they living a beautiful life. In full day she went a park in London and drinks she can't accept Megan's behavior. She realized the pain even though she has also experienced it but she had made a mistake so Rachel and her husband were divorced. Scott is loyal and caring husband but her wife Megan mindset is living together at a age of thirteen she had an affair. Megan has involved more relationship all the relationship there is a need of child so she break all but in her present life there is need of child. Her husband asks every day that he need a child but she hates child even though she working as a Nanny without any interest.

Rachel went a pub and drank to relief her stress but she can't realize Megan's activity in the pub she gets a companion both were shared alcohol and went a restroom they take video after a minute Rachel started to get angry. The whole thing has recording in her phone she decided to kill Megan and left out the train in Blenheim station. Then she started to move bit suddenly a red haired a passenger of same train had followed her. So, she went a forest there Megan is walking in the road Rachel had shouted her. On next morning Rachel has wakeup in her friend Cathy apartment but her body is full of blood strain and she had a pain there is no injury. Rachel doesn't know what has happened she went and bath after watched the recorder and feels sad. In the record she planned to kill Megan. Later she eared that Megan is missed she can't understand and afraid then thought that she had only killed Megan. Again, she started to drink when she returning home there was a detective inspector Gaskill, he calls her and shows a photo it is Megan. He says Megan has missed on Friday thus the case needs to enquiry Rachel. She replies doesn't watch her before suddenly

detective asks in Friday number of persons were see her in Blenheim Road. She replies there is only her X-husband Living. Later detective says they already know everything they just come there to get any information but they thought it is waste.

And they say in one year before her company has sent out because she addicted to alcohol. She doesn't share it to anyone but regularly she getting ready to go office later went a park in London and drink. Before leaving the apartment, he warns Rachel not to go the street for meet her ex-husband because they had complained that she is disturbing their family. After Cathy started to scold her suddenly, she remembers about Megan's affair then she shares this to detective but he avoids it. Later she decided to tell Scott so he messaged him he replies her to meet on tomorrow. Next day Rachel went the Blenheim Road to meet Scott, he doesn't find her because she says that she is a friend of Megan and they regularly meet in art gallery. Scott asks her to come inside she goes inside and says Megan has affair quickly he takes a photo and shows to Rachel. The photo is Dr. Kamal Abdic who gives a treatment for Megan. She also conforms him. Scott says the information to detective at a night. Now the novel turns into two months before, Megan is frequently disappearing in her house and going somewhere. The reason is that she had make an affair with someone in the forest. Before a day's Megan was in depression so consult a therapist and says her husband is controlling her and always checking her mails.

After the treatment she tries to take an advantage of therapist but he had refused and said he just coming for to give a treatment. Now Rachel gets a message from Scott, he calls her to come his house. He was waiting with angry, when she reaches his apartment, he started to scold her because she had only said that therapist had an affair with Megan so that only he had complained to police. But it turns to him and the police has released him, in their investigation the report it shows the therapist was an innocent. And the therapist says he controlled and abused his wife. Now Anna had a doubt with Scott so she went to house and checks his husband Tom PC, there is any mail or messages but he fully set a password. The scene cuts and shows Rachel is sleeping in her apartment someone has calling the bell. At a night Scott has come Rachel apartment he says there was police in his house so he asks permission her to stay her apartment. Later he feels because in her last checkup she says that she is pregnant. He became disappointed and says that she needs to tell her pregnant only for him but she can't tell it to her husband. Next day there was a news that police had find Megan's body in forest and they had arrested Megan husband Scott because he had abused her wife.

After she return back to her apartment there was Scott he had escaped from police. When Rachel enters, he started to rise question after he says that Rachel is not a friend of Megan but why she tells lie. Rachel was angry and shouted both were lived a beautiful life but she is not loyal in your life so that she said that she is a friend of Megan. Rachel went a pub and drink alcohol there she meets a person who follows her in Blenheim Road, straightly goes and ask him that what was happened in that day but he says he doesn't meet her in any tunnel. she has held his collar and ask. Then he says in that tunnel some members were misbehaved have so he had helped her but she scolds him and started to move. She went her house and started to cry because she had gotten an imagination full of killing the Megan so again and again, she heard that record and started to feel. Rachel becomes sad and writes a letter for Cathy she moving some place not search anywhere. She enters the train there she meets her x-husband owner Martha went near ask sorry to her. One day they had arranged a party and invites them but there Rachel misbehaved.

Later Martha explains in that party she gets sick so she takes her to room. She said Tom was misbehaving all women in office so that they had sent out him. Now Rachel had realized when she drinks, she doesn't do anything but the scenes which manipulated by her ex-husband. Already Anna has a doubt with Tom so she checked her laptop bag in that bag there was a phone. When she

turns on the phone there was a message which was leaved by Megan. Next morning Rachel went to meet Anna says not to believe Tom, he is not good but she refused and go inside. Tom arrived Rachel says that she knows the truth he has only killed Megan. But he refused now Anna also started to enquiry suddenly he expresses her psycho character. He asks Anna to go upstairs again ang again he reveals Rachel is alcohol addictor so she manipulates herself. But she can't accept and regularly remains him as killer. So, he beats Rachel became unconscious later she gets conscious try to escape so she took corkscrew and ran. Tom also chasing her back for self- defense she had killed Tom in that corkscrew. After police were arrested them by help of Anna she has released and ready to went a nice vacation with her friend Cathy.

The novel also explores theme of women and motherhood. Because Rachel experienced a sense of domination and traditional society of women. It discovers the complexities of accepting the customized traditions and environment who were struggled and controlled by male. There the women characters were depicted as individuals who contest against conquest and domination of women by the male-dominated society. They descried women us protesting against the outdated role, defiance the bonds of manipulation and subjugation, on developing with quest for personality, to declare their individuality. The novel clearly depicts that women used only to quench the thirst of men. The novel's central character and antagonist, Tom, deceives three female characters, Rachel, Megan, and Anna. Tom leaves Rachel after losing his virginity.

There are numerous opinions in the novel that shows Tom is subjugated the women by male gender. He was cunning and astute in all his actions, which brands women drop in love with him. Tom desires Megan to abort his own child, but once she trashes, he kills her. Rachel searches for Megan but flops. Rachel later studies from Tom that this was the motive for her death. Anna worries for her daughter's lifetime and protection. Rachel attempts Tom with a corkscrew. Anna helps Rachel make sure she dies from the coiled. Here Self-defense is a woman's requirement in today's scenario. Though Rachel senses sentimental about her past life, she overwhelms the problems of existence solitary in a male-dominated civilization. She efforts to endure in society deprived of troubling her ex-husband. Although he feels isolated, he does not want to interrupt Tom's family, because he was aware of the family relationship. So, the women they should need self- defense and will power to face any situation. Here Rachel had self -realization these only makes her to prove. Anna also realized her self- identity that only makes her to safeguard. But Megan she just searches only her happiness she in not ready to realize her identity that only makes her to loss this society.

The Plight of women is one of important theme in *The Girl on the Train*. The novel is set as the path of women who were treated us worst and betrayed back. The novel which contains more secrets and mysteries in the women's life. So that they were Plighting for to prove their individuality. For that distressing situation makes them to find their problems. Overall, the novel deals with Self-defense and Plight of women.

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